



# Nature By Design

Outdoor Education Adventures and Expeditionary Learning Programs

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## Journey Home – Central Valley

### WHAT TO BRING:

- ❑ COMFORTABLE CLOTHING
- ❑ COMFORTABLE WALKING SHOES – (*flip-flops or similar footwear not recommended*)
- ❑ HAT
- ❑ LIGHT JACKET
- ❑ RAIN PARKA (*if weather is threatening*)
- ❑ SUNSCREEN
- ❑ WATER
- ❑ SACK LUNCH
- ❑ CLIP BOARD
- ❑ PEN OR PENCIL
- ❑ BINOCULARS – If you don't have these I have 15 pairs available at the refuge.
- ❑ CAMERA (*optional but recommended*)